

THE CITY OF POUGHKEEPSIE

Guide to Single Bin Recycling



GLASS:

- Glass Bottles and Jars
- Glass Food Containers
- Glass Beverage Containers



CANS:

- Aluminum and Metal Cans
- Loose Metal Jar Lids
- Steel Bottle Caps
- Foil



PAPER:

- Newspapers, Magazines, Brochures
- Corrugated Cardboard and Paper Bags
- Paper Towel Rolls
- Paperback Books
- Cartons
- Greeting Cards, Regular and Junk Mail
- Cardboard Beverage Carriers
- Phone Books
- Dry Food Cartons
- Paperboard Boxes
- File Folders, Office Paper



PLASTICS:

- #1 - #7 Plastic Food and Beverage Containers
- Including Bottles, Jars, Jugs, and Other Rigid Plastic Containers

NO NEED TO REMOVE: Paper Clips, Stamps, Address Labels, Staples, Metal Fasteners, Cellophane, Address Windows, Rubber Bands, Spiral Bindings, Plastic Tabs

PLEASE DO NOT INCLUDE:

- **PLASTICS** Other Than Those Listed, Plastic Film, Plastic Bags, Paint, Pesticides, Oil and Cleansers, VHS/VCR Tapes, Phones, Computers, Etc., Plastic Bags, Needles or Syringes, Styrofoam To-Go Containers, Organic Material and Food Waste
- **PAPER** Items Other Than Those Listed, Stickers or Address Labels, Sheet Waste, Waxed Paper or Waxed Cardboard Paper To-Go Containers
- **GLASS** Items Other Than Those Listed, Window Panes, Mirrors, Ceramics and Pyrex Dishware, Paint, Pesticides, Oil and Cleansers, Organic Material and Food Waste
- **CANS AND METAL ITEMS** Other Than Those Listed, Scrap Metal, Needles or Syringes, Paint, Pesticides, Oil and Cleansers, Electronic Waste (Batteries, Cell Phones, Etc.), Phones, Computers, Etc.